



**Midwifery Council of New Brunswick**

**Conseil de l'Ordre des sages-femmes  
du Nouveau-Brunswick**

## **Guidelines: Equipment and Supplies for Home Birth**

The following list is the minimum equipment and supplies that registered midwives are recommended to carry for home birth practice. Individual midwives may choose to carry additional materials according to their practice location and preferences.

It is expected that all supplies and equipment will be appropriately sterilized or clean and functional. It is understood that midwives will use their best clinical judgement in prioritizing their actions in the management of emergency situations. Some emergency procedures, such as umbilical vein catheterisation will not be able to be carried out without additional qualified attendants available to assist.

### **EQUIPMENT**

Fetoscope and Doppler  
Stethoscope  
Infant/neonatal stethoscope  
Sphygmomanometer with appropriate size cuff  
Thermometer  
Portable suction machine  
Birth instruments (1 pair blunt-ended scissors,  
1 pair episiotomy scissors, 2 haemostats)  
Instrument for artificial rupture of membranes  
Newborn intubation equipment (laryngoscope  
and blades and ET tubes)  
Newborn resuscitation bag and mask (including  
pressure gauge, PEEP valve)  
Newborn laryngeal mask airway  
Newborn Pulse Oximeter  
CO2 detector  
Compressed gas regulator and flow meter  
Umbilical vein catheterization kit (Minimally; syringes  
for epinephrine 1/10,000 0.1 ml/kg followed by normal saline flush  
scalpel, 3-way stop cock & UV cannula, and a #5 feeding tube)  
Suturing instruments (Needle driver, scissors,  
Mosquito forceps)  
Ophthalmoscope  
Infant scale  
Heat source for infant e.g. heating pad  
Sharps container

### **SUPPLIES**

Sterile and non-sterile gloves  
Antiseptic solution  
Sterile lubricant  
Syringes (appropriate sizes)  
Needles (appropriate sizes)  
Suture materials  
Urinary catheters  
Blood collection supplies  
Cord blood tubes  
Cord clamps or ties  
Maternal oxygen mask  
IV supplies

### **ESSENTIAL MEDICATIONS**

Oxytocin, Tranexamic Acid (TXA),  
Ergonovine Maleate or Misoprostol  
Epinephrine  
Penicillin G  
IV fluids (Normal Saline or Ringer's Lactate)  
Local anaesthetic  
Antihistamine (anaphylactic reactions)  
Oxygen  
Vitamin K